

only in ENGLISH:

FULL DETAILED LIST of ACTIVITIES and WORKSHOPS starting from 2015 and going backwards to 2000

NOTE:

....Activities - projects **MARKED WITH ***** consist of **MULTIPLE EVENTS** extending in the next year(s)

2015

2015 (December) - 2016 (May)***

“Your eyes, my mirror”: *4 lectures and 1 closing event*

Project organized by the Cultural Centre “Diameraisma 5” (Thessaloniki - Greece).

...1st event= **“Illusions about loneliness and myths about relating”** (December 2015)

2015 (November)

“Living into the field”: *workshop (14 hours)*

Part of the regular official training in the Gestalt therapy program of the “Gestalt Institute Sinergia” (FYROM) - of which he is external co-operator/trainer.

2015 (October) - 2016 (June)***

“The long journey in every tiny step”: *A 3 years ongoing therapy group (150 hours - 50 per year).*

The **3rd year** of the of this therapy group, organized by the Gestalt Foundation (Thessaloniki - Greece).

2015 (July)

“An existential view on relationships through Gestalt therapy and embodied interactive work of the Process-Stage-Praxis approach”: *workshop (16 hours)*

Participation to the annual meeting of “Bioenergetics Institute” (Moscow, Russia).

2015 (May)

“The concept of the ‘field’ and the miracle of the planet Solaris: looking for the Ariadne's thread in a sea of misunderstandings”: *lecture*

.....in the 17th annual 4-days Workshop about Gestalt Therapy, organized by the Gestalt Foundation (Greece).

2015 (May)

“The tangible body and the illusional presence of the Other in eros, sex, love”: *lecture*

...in the broader program “Cultural Sequences” organized by the “Gestalt Foundation” and the IANOS bookstore (Greece).

2015 (May)

participation: A Playback Theatre performance with other volunteers - members of the Playback Theatre group TING in an event addressed to teachers and adolescent students, organized by the Government Organization EPATH (for protection of underages). The topic was on violence and bullying in schools.

2015 (March - May)

participation: “The relational processes in Playback Theatre through the Gestalt perspective and the Process-Stage-Praxis (PSP) approach”: *workshop (5 hours), and a performing event*

..... The workshop (March) was with trainees in Playback Theatre through PSP. It consisted part of a program realized by the Gestalt therapist Efrossini Kiatikidou and Athina Tsoli (they have both completed the 2nd cycle of the PSP educational program “T.T.-Train the Trainers in Playback Theatre”).

..... The program was realized at the town of Veria (Greece).

..... The event (May) was a closed performance at the framework of the “KETHEA - ITHAKI” Rehabilitation Program (Thessaloniki, Greece).

2015 (March)

“The dynamic concept of Self and the nature of change in Gestalt therapy”: *workshop (14 hours)*

Part of the regular official training in the Gestalt therapy program of the “Gestalt Institute Sinergia” (FYROM) - of which he is external co-operator/trainer.

2015 (March - April)

2 lectures in the program: “POPULAR EDUCATION UNIVERSITY”

It is a program of lectures on various topics organized by the Municipalities of Sykies and Neapolis (Thessaloniki, Greece), addressed to all citizens who wish to attend the lectures. The 1st lecture of this period was presented in co-operation with the psychotherapist ANNA KOSTINA (biosynthesis).

.....MARCH: “Me and the Other: when our relationship moves towards the dark side of the moon”

.....APRIL: “Sexuality in different relational frames”

2015 (March)

“Moving and changing is being alive”: *workshop (2 hours)*

...with school teachers: organized by School Services.

2015 (January)

“Eros, sex, love, safety: orchestrating the eternal interplay of fantasy and reality in the rainbow of vitality”: *lecture and workshop (18 hours)*

Organized by “ISTOK - The Saint-Petersburg Institute of Systemic Therapy and Organizational Consulting”.

2015 (January)

“5 ‘rehearsals’ and one ‘performance’”: *participation in the project (with 4 workshops - 16 hours)*

The project consists of training - experiential seminars (workshops) focusing on movement. His Process-Stage-Praxis (PSP) approach was one of the levels on which the project was structured and evolved, along with Primitive Expression and Contemporary Dance. The whole project was co-ordinated by the Gestalt therapist Katia Hatztlakkou.

2015 (January)

“The phenomenology of the contact process in Gestalt therapy”: *workshop (16 hours)*

Part of the regular official training in Gestalt therapy program of the “Integrative Gestalt Training Institute” (Russia, St. Petersburg).

2014

2014 (October) - 2015 (June)***

“The long journey in every tiny step”: *a 3 years ongoing therapy group (150 hours - 50 per year)*.

The 2nd year of the of this therapy group, organized by the Gestalt Foundation (Thessaloniki - Greece).

2014 (October - July)

2 lectures and workshops (16 hours each one)

... OCTOBER: “The embodied existence: an always available yet easily forsaken truth”

... JULY: The dark and the bright side of the moon: working on the polarities constituting our Self-sense

Organized by “ISTOK - The Saint-Petersburg Institute of Systemic Therapy and Organizational Consulting”.

2014 (November)

1 lecture, 1 workshop (2 hours)

.....The workshop:

“Interactive body work in the Gestalt therapy process through the PSP (Process-Stage-Praxis) approach”

.....The lecture:

“Enriching the Gestalt theoretical palette: intersubjectivity, embodied mirroring systems, complexity theory”

At the “3rd International Gestalt Congress of Gestalt Psychotherapists”, FYROM.

2014 (May)

“Eros, a process of change, or: an image springing in the universe”: *3 days therapy group (16 hours)*

...that he co-ordinated in the 16th annual 4-days Workshop about Gestalt Therapy, organized by the Gestalt Foundation (Greece), under the broader title: “Eros: a process of change”.

2014 (April)

“The power of the wolf in our sexual Self in different relational contexts”: *lecture*

...in the broader program “Cultural Sequences” organized by the Gestalt Foundation (Greece) and the IANOS bookstore (Greece).

2014 (February - May)

“Body interactive work in the methodology of Gestalt therapy with complementary elements of the Process-Stage-Praxis (PSP) approach”: *the general title of 3 training workshops (16 hours each one)*

...FEBRUARY: “Me and my body: Self and bodily sense in a Gestalt therapy approach”

...MARCH: “Body experience in Gestalt therapy work with polarities”

...MAY: “Phenomenology and awareness of the relational body in Gestalt therapy”

These 3 workshops formed a training program organized by the “Integrative Gestalt Training Institute” (Russia, St. Petersburg).

It was addressed to trainees and professionals in Gestalt therapy and other approaches.

2014 (January - July)

Series of 5 weekend workshops (22 hours each one), 4 lectures and 5 group-supervision sessions (4 hours each one), realized in Russia with participants from different Russian Playback Theatre groups

2013

2013 (October) - 2014 (June)***

“The long journey in every tiny step”: *a 3 years ongoing therapy group (150 hours - 50 per year).*

The 1st year of the of this therapy group, organized by the Gestalt Foundation (Thessaloniki - Greece).

2013 (November) - 2014 (February - May)***

“The eyes in which I was mirrored”: *4 lectures*

.....(1) “Illusions about loneliness and myths about relating: welcoming the Shadow”

.....(2) “About the phenomenology of eros, its necessity and nature, and about the power of the wolf in the sexual Self on different relational backgrounds”

.....(3) “Paths and choices, infinite crossroads, deviations and costs: living together, marriage, erotic friendship, passion, desire, lust, dependency, etc”

.....(4) “Orchestrating the rainbow in the sanctuary of the companionship and love: the long intimate and committed relationship”

They were organized by the Municipality of Sikies and Neapolis (Thessaloniki, Greece) and the Gestalt Foundation (Greece):

2013 (December) - 2014 (April, May)***

4 lectures in the program: “POPULAR EDUCATION UNIVERSITY”

It is a program of lectures on various topics organized by the Municipalities of Sykies and Neapolis (Thessaloniki, Greece), addressed to all citizens who wish to attend the lectures. The 4 lectures of this period are presented in co-operation with the psychotherapist ANNA KOSTINA (biosynthesis).

They include 2 themes presented 2 times each one:

.....“Parents and children: the art of archery with closed eyes”

.....“The long relation of commitment and companionship, or: how the rock can be corroded by the sea-waves”

2013 (November) - 2014 (May) ***

“3 workshops about the view of the Process-Stage-Praxis (PSP) approach on Playback possible applications in rehabilitation Institutions and prisons, in Education, in psychotherapy and supervision”:

a training program (22 hours each one workshop) in Playback Theatre through the PSP (Process-Stage-Praxis) approach.

Playback Theatre possible applications may sometimes present very sensible and even controversial aspects. These 3 workshops (of 20 hours each one) are exploring through the PSP perspective some characteristic cases of such applications (Moscow, Russia).

.....NOVEMBER 2013

“Stories about dependency and freedom, aggression and guilt, drive and punishment: applications of Playback Theatre in work with addiction and prisoners”

.....FEBRUARY 2014

“Applications of Playback theatre in psychotherapy, performing in therapy groups, and responding to traumatic and 'difficult' stories”

.....MARCH 2014

“Applications of Playback theatre in education, schools, adolescents and parents”

2013 (October) - 2014 (June) ***

“Playback Junior”:

a training program in Playback Theatre through the Process-Stage-Praxis (PSP) approach (7 workshops of 3 hours each one)

A program including 2 annual cycles of introductory workshops in Playback through the PSP approach, addressed exclusively to adolescents (14-18).

Each cycle includes 7 workshops of 3 hours each, an opening performance by the trainers, and a closing performance by the adolescents who participated to the program.

Moreover, a vision of the project is the formation of a constantly functioning Playback group consisting only of adolescents who finish an introductory training cycle. So, the group will have a solid core, yet constantly renewed.

The program's frame is provided by the Vafopoulion Cultural Centre of Thessaloniki.

The program is designed and applied by the “Playback Training Group” of PSP-studio.

It develops in parallel with the 2nd cycle of the PSP educational program “T.T.-Train the Trainers & Playback Junior”, on the topic of creating and training a Playback group just of adolescents.

2013 (September)

“The ‘personal film’ concept of the PSP approach as a complementary tool for embodied interactive work with awareness in Gestalt therapy”: *workshop (2 hours)*

...at the 11th European Conference organized by EAGT (the European Association for Gestalt Therapy), Krakow, Poland.

2013 (September)

“The Process-Stage-Praxis (PSPS) approach as a secondary tool in the methodology of Gestalt therapy”:

residential 4 days training workshop (28 hours)

It took place in Psakoudia (Halkidiki, Greece). The participants were Russian Gestalt psychotherapists from the “St-Petersburg Integrative Institute of Gestalt therapy”, visiting Greece.

2013 (June)

“An one day Meeting in the 13th Elementary School of Thessaloniki”: *workshop (2 hours)*

Participation in experiential work with school teachers: 15 Gestalt therapists worked with 140 teachers on the theme of Self-esteem. Organized by School Services and the Gestalt Foundation (Greece).

2013 (May)

“The matador, the bull, and the mystery of the red tissue”: *presentation*

...in the 15th annual 4-days Workshop about Gestalt Therapy, organized by the Gestalt Foundation (Greece), under the broader title: “Aggression: the functional and non functional aspects in Gestalt therapy”.

2013 (May)

Supervision (4 hours) with the Playback group AquNa This.

2013 (October) - 2014 (December)***

“The 2nd T.T. (‘Train the Trainers’) project, or: the PSP approach in Playback Theatre training”:

training program (80 hours)

An educational program for conductors and trainers to Playback. This training program, in the form of experiential training workshops, ran with members of the Playback theatre groups T!NG and AquNa This.

2013 (March - October)

“Exploring through the PSP approach the relational aspects of Gestalt therapy”:

4 workshops (18 hours each one) and 4 lectures

It is a series of 4 experiential workshops (15 hours each one), preceded by introductory lectures. The event unfolds in a frame offered by “Counseling Facility For Humane Cooperation: Psychotherapy & Gestalt Training Institute” (Skopje, FYROM).

The 4 phases of the program are entitled:

.....(1) “Illusions about loneliness and myths about relating: welcoming the Shadow”

.....(2) “About the phenomenology of eros, its necessity and nature, and about the power of the wolf in the sexual Self on different relational backgrounds”

.....(3) “Celebrating the marriages of the pink princess and the vampire, of the witch and the virtuous”

.....(4) “Orchestrating the rainbow in the sanctuary of the long and intimate relationship: paths, deviations, choices and costs”

2013 (March - April)

3 lectures in the program: “POPULAR EDUCATION UNIVERSITY”

It is a program of lectures on various topics organized by the Municipalities of Sykies and Neapolis (Thessaloniki, Greece), addressed to all citizens who wish to attend the lectures. Some of these lectures are framed by Playback performances by the groups T!NG and AquNa This.

In 2013 there were realized the lectures:

.....“Depression in the time of crisis: a toxic shelter” (2 times)

.....“I want to stand by you but I do not know how to do it”

.....“Couples: the long relation of commitment and companionship”.

2012

(October) - 2013 (June) ***

“The eyes in which I was mirrored”: *7 lectures*

It is a program of 7 lectures exploring different aspects of relating through the existential aspects of Gestalt therapy. It was organized by the Municipalities of Sykies and Neapolis (Thessaloniki, Greece).

2012 (November)

“The ‘personal film’ concept of the PSP approach as a complementary tool for embodied interactive work with awareness in Gestalt therapy”: *lecture, workshop (2 hours)*

...at the “2nd International Gestalt Congress of Gestalt Psychotherapists”, FYROM.

2012 (November) - 2013 (June) ***

“The eyes in which I was mirrored”: *on-going therapy group (7 meetings of 5 hours each one)*

A regular activity on an annual basis.

2012 (June)

“Illusions on loneliness and myths on relating”: *lecture*

...in the broader program “CULTURAL SEQUENCES” organized by the Gestalt Foundation (Greece) and the IANOS bookstore (Greece).

2012 (May)

“The crystals of time and the bubble of the human experience”: *presentation*

...in the 14th annual 4-days Workshop about Gestalt Therapy, organized by the Gestalt Foundation (Greece), under the broader title: “I am thinking, I am feeling, I am observing, I am experimenting, I am developing - the experience and the process in

Gestalt therapy”.

2012 (March)

“Exploring the mysteries of creativity and the microstructure of human experience”: *lecture, workshop (20 hours)*
 ...at the “Raoul Wallenberg” Institute of special Pedagogic and Psychology - St. Petersburg, Russia

2011

2011 (November)

“Watching my personal film, or: approaching authenticity in Playback Theatre, through the PSP approach”: *workshop*
 ...at the IPTN (International Playback Theatre Network) International Conference. Frankfurt, Germany.

2011 (October) - 2012 (May) ***

6 lectures in the program: “POPULAR EDUCATION UNIVERSITY”

It is a program of lectures on various topics organized by the Municipalities of Sykies and Neapolis (Thessaloniki, Greece), addressed to all citizens who wish to attend the lectures. Some of these lectures are framed by Playback performances by the groups T!NG and AQUNA THIS.

In 2011 were realized the lectures: “The frog who wished to become a prince” (2 times), “Eros - love: the art of relating” (2 times), “The grief process in the family”, “Sinking in the sea of depression”

2011 (September) - 2012 (September) ***

Series of 5 weekend workshops (22 hours each one), 5 lectures and 4 group-supervision sessions (4 hours each one), realized in Russia and Ukraine, with participants from the Playback world

The titles of the topics:

- (1) Authentic presence in Playback Theatre, the PSP approach, the 'personal film' concept.
- (2) The microstructure of improvisation and of the contact process on the Playback stage, or: “forget the story !!.. there is no story in Playback !! ..”

Moscow (Russia): September 2011, March 2012, September 2012. St. Petersburg (Russia): March 2012. Kievo (Ukraine): September 2012.

2011 (September) - 2012 (June)***

“The eyes in which I was mirrored”: *on-going therapy group (3 hours every two weeks for each group)*

A regular activity on an annual basis.

2011 (May)

“The freedom of improvisation, being imprisoned in the ‘crisis’, the pinball”: *presentation*

...at the 13th annual 4-days Workshop about Gestalt Therapy, organized by the Gestalt Foundation (Greece), under the broader title: “Creative adjustment in a society in crisis”.

2010

2010 (May) ***

2 lectures in the program: “POPULAR EDUCATION UNIVERSITY”.

It is a program of lectures on various topics organized by the Municipalities of Sykies and Neapolis (Thessaloniki, Greece), addressed to all citizens who wish to attend the lectures. Some of these lectures are framed by Playback performances by the groups T!NG and AQUNA THIS. The lecture “Depression: what and how?” was realized 2 two times.

2010 (September) - 2011 (June) ***

“The eyes in which I was mirrored”: *2 on-going therapy groups (3 hours every two weeks for each group)*

A regular activity on an annual basis.

2010 (September)

“The PSP approach, or: trimming process awareness on the basis of stage improvisation and Playback Theatre, viewed through the Gestalt therapy perspective”: *workshop (2 hours)*

...at the 10th European Conference organized by EAGT (the European Association for Gestalt Therapy), Berlin, Germany.

2010 (May)

“Drawing my course in a cloud form”: *workshop (12 hours)*

at the 12th annual 4-days Workshop about Gestalt Therapy, organized by the Gestalt Foundation (Greece).

2009

2009 (November)

“The eyes in which I was mirrored: traps and miracles in the relating process”: *lecture and workshop (20 hours)*

The participants were psychotherapists (professionals and students) of Gestalt therapy and other approaches (Belgrade, Serbia).

2009 (October)

The inherent loneliness of the human existence: a wish or a curse?: *lecture*

Lecture, at the Adlerian Institution of North Greece.

2009 (October) - 2011 (June)***

“The 1st T.T. (‘Train the Trainers’) project, or: the PSP approach in Playback Theatre training”:

training program (80 hours)

An educational program for conductors and trainers to Playback. This training program, in the form of experiential training workshops, ran for 2 years with 4 members of the Playback theatre group T!NG.

2009 (September)

“Watching my personal film: the PSP basic conception as a perspective for awareness and process work in psychotherapy”: *lecture*

...at the area of the Como lake (Italy), to a group of psychotherapists of different approaches.

2009 (September)

“Watching my personal film, or: introducing the PSP approach in Playback Theatre”: *workshop (20 hours)*

...at the area of the Como lake (Italy), with participants from Italian Playback Theatre groups.

2009 (September) - 2010 (June) ***

“The eyes in which I was mirrored”: *2 on-going therapy groups (3 hours every two weeks for each group)*

A regular activity on an annual basis.

2009 (October) - 2012 (March) ***

“The ‘Aquna This’ project - a training application of the PSP approach in Playback”:

a training in Playback Theatre program (180 hours)

A 3 years full training in Playback Theatre through PSP program, of the group “Aquna This”. Its realization is supported by the 1st T.T. (“Train the Trainers”) project participants.

2009 (September)

“Watching my personal film: the PSP basic conception as a perspective for awareness and process work in psychotherapy”: *workshop (20 hours)*

...at the area of the Como lake (Italy), to a group of psychotherapists of different approaches.

2009 (April)

“The concept of improvisation in Gestalt therapy and Playback Theatre”: *lecture and workshop (20 hours)*

The participants were psychotherapists (professionals and students) of Gestalt therapy and other approaches (Belgrade, Serbia).

2008

2008 (October)

“Differentiation and social entropy”: *presentation*

...at the Anniversary Gala of Gestalt Foundation .

2008 (January - May) ***

“The power of improvisation in life”: *volunteering project in Diavata prison (7 meetings of 2 hours each one)*

In this project he participated by supervision, research and preparatory work. The PSP perspective combined with basic forms of Playback Theatre, was used as a basis for a series of workshops with the adolescents in the Diavata prison (area of Thessaloniki - Greece). The project was the result of volunteering co-operation of several people and Institutions, under the central organization by the Gestalt Foundation .

2008 (November)

“The eyes in which I was mirrored: traps and miracles in the relating process”: *lecture and workshop (20 hours)*

The participants were psychotherapists (professionals and students) of Gestalt therapy and other approaches (Belgrade, Serbia).

2008 (September) - 2009 (June) ***

“The eyes in which I was mirrored”: *2 on-going therapy groups (3 hours every two weeks for each group)*

A regular activity on an annual basis.

2008 (May)

“Advanced topics of Playback Theatre through PSP”: *workshop (20 hours)*

It took place at Moscow (Russia), as part of a broader educational program on Playback, by the Centre “Aquatoriya”.

2008 (May)

“50 minutes, or opening the Pandora's box”: *training workshop (3 hours) realized 2 times*

...with trainees from the educational program of the Gestalt Foundation at the annual 4-days Workshop in Portaria-Pilion, organized every year by the Foundation.

2008 (May)

“In the time of body”: *workshop (4 hours)*

...with participants, from the Self-Knowledge groups, in the above framework at the annual 4-days Workshop in Portaria-Pilion, organized every year by Gestalt Foundation .

2008 (April)

“Me and the food: a relationship of love and hate”: *lecture*

...at the “Lifetherapy Academy” (Thessaloniki, Greece)

2008 (February)

“Implying PSP to explore in depth the art of improvisation”: *training in Playback Theatre workshop (20 hours)*

...with the “Moscow Playback group” (Russia).

2008 (January & May)

“Being in the work-field: the search for ‘my-Self’ while struggling between work and slavery”: *workshop (4 hours), realized two times*

...at two Companies of Thessaloniki (Greece), with all their personnel.

2007

2007 (june)

“Exploring the improvisational processes through Playback Theatre”: *lecture*

...at at the Gestalt Foundation .

2007 (April, November)

“Formulating the basic ideas of the PSP approach, to enrich authenticity in Playback Theatre”: *a workshop (20 hours) realized 2 times*

...in Italy (April) and Hungary (November) with participants of Playback groups.

2007 (September)

2 workshops (2 hours each one), 2 Playback Theatre performances, 1 lecture

... at the 9th European Conference for the Gestalt therapy, organized by EAGT at Athens (Greece).

...The 1st workshop: on Playback Theatre - in collaboration with the group “Meta Playback Theatre”,

...The two Playback performances: with the same group,

...The 2nd workshop, based on his study: “Inventing the 'motif' exercise as a way to stir individual process in process and awareness work in psychotherapy”.

...The lecture was entitled: “Gestalt Therapy 'versus' and 'with' other fields of human activity: developing an application model for the Gestalt therapy principles”.

2007 (May)

“From the motif concept to the ‘here and now’ of the psychotherapeutic process”: *lecture and workshop (2 hours)*

...at the 1st Greek Conference in Dramatherapy, Athens.

2007 (March)

“Basic training through the PSP approach in the improvisation techniques used in Playback Theatre”: *workshop (22 hours)*

It took place at Moscow with a newly formed Playback Theatre group, organized by the Centre “Aquatoriya”

2007 (February - April)

4 workshops (2 hours each one)

... in the volunteering participation in a program of the Prevention Centre “DIKTIO A”.

The workshop was part of the theatrical games group project of the Centre, and was co-conducted with the Gestalt therapist Katia Hatztlakkou.

2006

2006 (October) - 2008 (December) ***

“Founding the Playback Theatre group T!NG”: *a training cycle in Playback Theatre through PSP (180 hours)*

It is a PSP 3 years full training of the group “T!NG”. Apart from the training process, he was also a member of this group, and participated in all its activities and performances.

2006 (October) - 2008 (July)***

“The Gestalt Philosophy and theory as a way to ‘see’ Playback Theatre in the PSP approach”:

12 introductory training workshops (30 hours each one)

These 2 days workshops took place in Thessaloniki and abroad - 5 of them were organized by the PSP-studio, and 1 by the “Politropon” local Theatre Group at Ormilía (Halkidiki - Greece, July 2008). The rest were organized by different Institutions, Associations, Dance and Theatre groups.

2006 (August)

“The ‘syntax’ on stage as a Gestalt figure formation process, or: one existential perspective to Playback practice”: *workshop (4 hours)*

...at the 2nd European Playback Theatre Gathering, in Italy, Longiano.

2006 (May)

“Working with awareness and structure on the Playback Theatre stage”: *workshop (18 hours)*

...with the “Hungarian Playback group”.

2006 (May)

“Moving my body I am moving my soul”: *workshop (5 hours)*

...with trainees from the educational program of the Gestalt Foundation at the annual meeting in Portaria (Pilion), organized every year by the Foundation. Conducted in co-operation with the Gestalt therapist Antonia Konstantinidou.

2006 (March - April)

“The Gestalt perspective on embodied interaction processes and on the concepts of presence and authenticity”: *workshop (20 hours)*

...with the theatrical group “Dream Land” in Thessaloniki.

2006 (February)

“The repetitive nature of the ‘motif’ concept in the essence of improvisation: *workshop (20 hours)*

...at the “Scuola Italiana di Playback Theatre”.

2005 (August)

“Playback Theatre through the Gestalt perspective”: *workshop (4 hours)*

...at the 1st European Playback Theatre Gathering, in France.

2004 (November)

“Gestalt therapy and creativity”: *lecture*

...at the “1 day meeting” organized by Gestalt Foundation and entitled: “Gestalt therapy in the 21st century, in dialogue with the idea of ‘being different’”.

2004 (September)

“Possibilities and applications of improvisational interactive exercises in Gestalt therapy and training”: *workshop (2 hours)*

...at the 8th European Conference organized by EAGT (the European Association for Gestalt Therapy), Prague, Czech Republic.

2003

2003 - 2006***

workshops, lectures and several activities through the framework “Creative Communication - C.C.”

This project regards Theodorou's cooperation with the psychodramatist - psychotherapist Christina Patriniou. They founded together the framework “Creative Communication”, which remained active for 3 years, and covered a wide range of activities (lectures, therapy groups, etc).

For indicative info IN ENGLISH (pdf) [click here](#).

Για περισσότερες πληροφορίες στα ΕΛΛΗΝΙΚΑ (pdf) [πατήστε εδώ](#).

2003 (March)

“Exercises to stir imagination and embodied interactive expression”: *lecture*

...at the “1st Art Therapy World Congress” (Budapest - Hungary)

2002

2002 (September) - 2003 (June)***

The “dRAMA - CLUB” of CITY College: *project (1 year)*

...It was a 2 hours per week workshop similar to the “Polytechno” workshop.

2002 (June)

“Exercises for creative imagination, sharing and expression”: *workshop (18 hours)*

...at a series of seminars by the work-group for music-therapy of Greek Association for Musical Education (E.E.M.E.)

2002 (March)

“Working with sound in stage arts”: *workshop (18 hours)*

...at a series of seminars by the work-group for music-therapy of Greek Association for Musical Education (E.E.M.E.)

2000 - today***

The workshop “Polytechno”: *project on an annual basis*

Its concept, is based on the creative combination of movement, music, sound, speech and voice, on a basis of improvisational embodied interaction.

It has been - and still in someway is - a fundamental part of the inspiration core that led to Theodorou's approach PSP (Process-Stage-Praxis).

Today, he is professionally and creatively focused on Gestalt therapy and perspective. Polytechno is presently a partial cooperation with the actress and director Tina Stefanopoulou, with whom they structured together the original workshop's version. His participation is presently only rather symbolic, and is actually realized as a PSP application.

[more about POLYTECHNO in ENGLISH \(pdf\)](#)

[περισσότερα για το ΠΟΛΥΤΕΧΝΟ \(pdf\)](#)

BEFORE 2000

Activities (only in ENGLISH)